

EVERYDAY HYGIENE

How to Use Hand Sanitizer

DON'T SKIP ANY STEP!

Hand Sanitizer should only be used if no visible dirt is present on the hands.



Apply enough hand sanitizer (1-2 pumps) to make about the size of a quarter onto your hands, enough when you rub your hands together to cover all areas of your hands, including under your nails.



Use a rubbing motion to evenly distribute the hand sanitizer over all surfaces of the hands.



Particularly between fingers, fingertips, back of hands and base of thumbs.
Rub hands until your hands feel dry (minimum 15-30 seconds).

Apply hand lotion for skin integrity

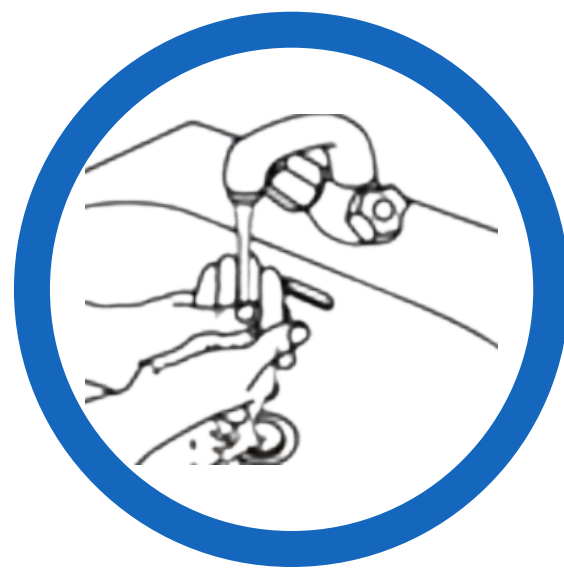


EVERYDAY HYGIENE

Steps to Hand Wash

DON'T SKIP ANY STEP!

☒ Roll up long sleeves and push up any wrist accessories



Wet hands with warm water



Apply enough soap to cover entire surface of hands



Vigorously rub soap over palms, backs of hands and wrists



Particularly between fingers, fingertips, back of hands and base of thumbs.



Rinse under running water



Pat hands dry with disposable paper towel



Use towel to turn off faucet

